

2ND ANNUAL SUMMIT:

Understanding, Identifying, and Addressing Suicide Risk:

A clinical primer for behavioral health providers

A full-day training designed to build and strengthen clinician's competence and confidence to provide caring, evidence-based services to clients with suicide risk and to those who have experienced suicide loss.

Sponsored by:



A division of JLI



American
Foundation
for Suicide
Prevention

Register for the summit at:

www.wellnessinstitute.org/clinicaltraining

Registration fee: \$125

Curriculum prepared by

The Wellness Institute's Clinical Advisory Board Members

Jill Harkavy-Friedman, PhD

Sigrid Pechenik, PsyD

Jonathan Singer, PhD, LCSW



CE Credit: 6.0

The Wellness Institute is approved by the **American Psychological Association (APA)** to sponsor continuing education for psychologists. TWI maintains responsibility for this program and its content.

Pending approval from **The National Association of Social Workers (NASW)** and the **Canadian Psychological Association (CPA)**

CE Credit in **New York State** for Psychologists, Social Workers, LMFTs, and LMHCs is available in partnership with the Family and Children's Services of Ithaca. New York State Certificate fee: \$30

LMFTs and LPC/LMHCs in many states can satisfy their CE requirements by participating in APA-approved programs. Email us for more information.

March 9, 2022 | Full-Day Virtual Event

11:00 AM — 6:00 PM EST

8:00 AM — 3:00 PM PST

For questions and scholarship requests, email Mushky at
info@wellnessinstitute.org

wellnessinstitute.org/clinicaltraining | (718) 221-6900, ext. 101

Wednesday, March 9, 2022

11:00 a.m. EST
(8:00 a.m. PST)

**A Model for
Understanding
Suicidality**

David Klonsky, PhD
University of British Columbia

11:30 a.m. EST
(8:30 a.m. PST)

**Screening and
Assessing for
Suicide Risk**

Lisa Horowitz, PhD, MPH
National Institutes of Mental
Health

12:00 p.m. EST
(9:00 a.m. PST)

**Engagement,
Lethal Means
Counseling,
Treatment
Planning and
Documentation**

**Jill Harkavy-Friedman,
PhD**
Columbia University,
The American Foundation
for Suicide Prevention

12:45 p.m. EST
(9:45 a.m. PST)

Break

1:30 p.m. EST
(10:30 a.m. PST)

**Safety Planning
Intervention: A
Brief Intervention
for Reducing
Suicide Risk**

Barbara Stanley, PhD
Columbia University,
Center for Practice Innovation

2:15 pm EST
(11:15 am PST)

**Dialectical
Behavioral
Therapy for
Suicide Prevention
(DBT-SP)**

Kate Comtois, PhD
University of Washington,
Center for Suicide Prevention
and Recovery

3:15 p.m. EST
(12:15 p.m. PST)

Break

3:30 p.m. EST
(12:30 p.m. PST)

**Attachment-Based
Family Therapy for
Suicide Prevention
(ABFT-SP)**

Guy Diamond, PhD
Drexel University,
Center for Family
Intervention Science

4:15 p.m. EST
(1:15 p.m. PST)

**Cognitive Therapy
for Suicide
Prevention
(CT-SP)**

**Gregory Brown, PhD
Kelly Green, PhD**
University of Pennsylvania,
Center for the Prevention of
Suicide

5:00 p.m. EST
(2:00 p.m. PST)

**Prolonged Grief
Disorder Therapy
for Suicide Loss**

Katherine Shear, PhD
Columbia University,
Center for Prolonged Grief
Disorder

5:45 p.m. EST
(2:45 p.m. PST)

Closing Remarks

Sigrid Pechenik, PsyD
The Wellness Institute,
Former Director, NYS Suicide
Prevention Center

Register at:
wellnessinstitute.org/clinicaltraining

**Registration Fee:
\$125**

For all questions and scholarships, email Mushky at
info@wellnessinstitute.org



Gregory K. Brown, PhD

Gregory K. Brown, PhD, is the director of the Penn Center for the Prevention of Suicide at the University of Pennsylvania School of Medicine, where he is the research associate professor of clinical psychology in psychiatry. Dr. Brown is the developer, along with colleagues, of Cognitive Therapy for Suicide Prevention and the Safety Planning Intervention. Dr. Brown is the principal investigator or co-investigator on research grants from the NIMH, AFSP, the VA, and the Department of Defense and provides clinical training for clinicians in suicide assessment and risk management and CBT for depression and suicide prevention.



Katherine A. Comtois, PhD, MPH

Katherine A. (Kate) Comtois, PhD, MPH has developed and adapted interventions in suicide risk management including DBT (Dialectical Behavioral Therapy), CAMS (Collaborative Assessment and Management of Suicidality), Caring Contacts via text message, PARS (Preventing Addiction Related Suicide), and DBT-ACES, a program to assist psychiatrically disabled individuals with BPD. Dr. Comtois is a professor of psychology in UW Medicine's Department of Psychiatry and Behavioral Sciences. She is the director of UW Medicine's Center for Suicide Prevention and Recovery and the principal investigator and director of the Military Suicide Research Consortium Dissemination and Implementation Core.



Guy S. Diamond, PhD

Guy S. Diamond, PhD is professor emeritus of the University of Pennsylvania School of Medicine and associate professor in the College of Nursing and Health Professionals at Drexel University in the Department of Counseling and Family Therapy. He is the director of the Center for Family Intervention Science and a clinical trials researcher focusing on family therapy for youth suicide. He is the primary developer of attachment-based family therapy, developed and tested for treating youth depression and suicide.



Kelly L. Green, PhD

Kelly L. Green, PhD is a senior research investigator in the Department of Psychiatry at the University of Pennsylvania School of Medicine and is a licensed psychologist. Her current research focuses on developing, evaluating, and refining evidence-based practices for suicide prevention, including the Stanley & Brown Safety Planning Intervention and Cognitive Therapy for Suicide Prevention. Dr. Green provides training and consultation in effective suicide care and in Cognitive Behavioral Therapy for clinicians.



Jill Harkavy-Friedman, PhD

Jill Harkavy-Friedman, PhD is a pioneer in suicide prevention research. She leads the American Foundation for Suicide Prevention's research grant program charting the areas of inquiry to yield impactful strategies in the field. Dr. Harkavy-Friedman is an associate professor of clinical psychology in psychiatry at Columbia University. She is the director of diagnosis and assessment for the Lieber Center for Research on Schizophrenia and is a co-principal investigator on a project of the Conte Neuroscience Center for the Study of the Neurobiology of Suicidal Behavior. Dr. Harkavy Friedman serves on the Clinical Advisory Board of The Wellness Institute.



Lisa M. Horowitz, PhD, MPH

Lisa M. Horowitz, PhD, MPH is a staff scientist and clinical psychologist at the National Institute of Mental Health Intramural Research Program. She is a senior attending with a specialty in pediatric psychology on the Psychiatry Consultation Liaison Service in the Hatfield Clinical Research Center at NIH. She was the lead principal investigator on the development of two suicide risk screening instruments for the pediatric emergency department (ED): the Risk of Suicide Questionnaire (RSQ) and the Ask Suicide-Screening Questions (ASQ) tools. She is the lead primary investigator on six NIMH studies focused on validating and implementing the ASQ tool. Dr. Horowitz serves on the Clinical Advisory Board of The Wellness Institute.



E. David Klonsky, PhD

E. David Klonsky, PhD is a professor in the department of psychology at the University of British Columbia. His research examines suicide, including the pursuit of parsimonious models of suicide and a better understanding of suicide motivations and warning signs. Dr. Klonsky also pursues research interests in emotion, personality, and assessment, many of which overlap with his work on suicide. Dr. Klonsky serves on the Clinical Advisory Board of The Wellness Institute.



Sigrid Pechenik, PsyD

Sigrid Pechenik, PsyD is a clinical advisory board member of The Wellness Institute. Dr. Pechenik is the former associate director of New York State's Office of Suicide Prevention and was principal investigator in several grants for suicide prevention from the Federal Government's Substance Abuse and Mental Health Services Administration (SAMHSA), including a grant for the Zero Suicide program.



M. Katherine Shear, MD

M. Katherine Shear, MD is a professor of psychiatry at Columbia University's School of Social Work and College of Physicians and Surgeons. She is an internist and psychiatrist widely recognized for her work in anxiety disorders and prolonged grief disorder. She developed and tested Prolonged Grief Disorder Therapy (previously called Complicated Grief Treatment) and is the founding director of the Center for Prolonged Grief at Columbia.



Barbara H. Stanley, PhD

Barbara H. Stanley, PhD is a professor of medical psychology in the Department of Psychiatry at Columbia University College of Physicians and Surgeons. She is the director of suicide prevention training, implementation, and evaluation for the Center for Practice Innovations and a research scientist at the New York State Psychiatric Institute. Dr. Stanley is the leader of the Conte Center for Suicide Prevention's Project Five: Stress, Inflammation, Aggression, and Emotion Regulation in Suicidal Behavior. She developed, with Dr. Gregory K. Brown, the Safety Planning Intervention.